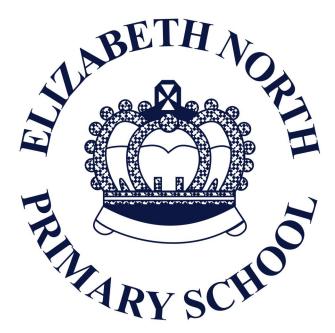


Elizabeth North Primary School

Our Vision

Our vision is to inspire a community of learners to achieve personal greatness



Important dates to remember

- Wednesday 12th March to Friday 21st March Naplan
- Monday 17th March Catch up Day School Photos
- Monday 17th March AGM/Governing Council
- Friday 28th March Pupil Free Day
- Monday 31st March to Friday 4th April Interviews
- Friday 4th April Colour and Slime
- Friday 11th April Last Day of Term 2pm Early Dismissal

Monday 17th March Catch up Day School Photos

Wednesday 12th March - Monday 24March Naplan

Thursday 13th March Assembly 2:10pm

Monday 17th March AGM/Governing Council

Friday 21st March Harmony Day

Friday 28th March Pupil Free Day

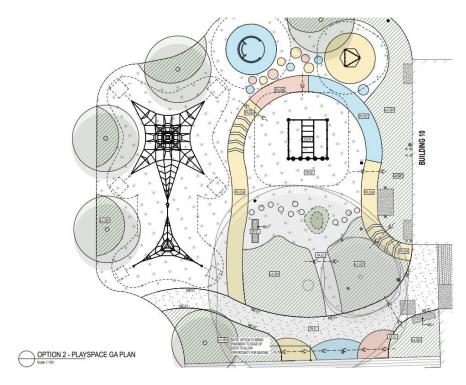
Monday 31st March to Friday 4th April Interviews

Friday 4th April Monty's Colour and Slime Fun Run

Leadership news

Year 3-6 Playground Update

After being forced into changing playground design companies, we have just signed off on the preliminary plans which will go out to tender in the next few weeks. I was able to share these with our student parliament last week, and they were very excited. The new Year 3-6 playground will be located on the edge of the oval, just outside Rooms 22 and 23. If final costs come in as predicted, we will have a shaded playground with approximately 4 large pieces of equipment. We are also hoping to have a couple of swings between Room 17 and the tennis courts. Stay tuned for further updates.



1 - Year 3-6 Playground Design

Morning School Gate Closures

You may have noticed that our gates on Amport and Clearbury Streets are being closed a little earlier than usual in the morning. While we understand that this may cause some inconvenience to those families still onsite after 9:00am, this decision has been made to improve the safety measures for our students. If you are onsite after the gates are closed, we ask that you exit via the pedestrian gates on Woodford Road.

Focus on Metacognition and Self-Regulation

Our school has been working hard on connecting with the Public Education Strategy and last year we spent considerable time looking at which areas we would focus on, to complement our Literacy, Numeracy and Trauma-informed practice priorities. After extensive consultation with staff, we made the decision to focus on the domain - Metacognition and Self-Regulation. Each team of teachers within the school has then spent time making decisions about what specific actions will best support their students in improving their metacognition and self-regulation.

What is Metacognition?

Metacognition can be described as an awareness and understanding of one's own thought processes.

Outcomes

The outcomes that we are working towards are:

- 1. Learners can stop and think about what's needed to best achieve the task in front of them.
- 2. Learners are able to understand and manage their behaviour and reactions to the environment.

Below you can see the specific actions that teams within the school are working on to begin the year.



Governing Council Annual General Meeting



Friday 4th April Monty's Colour and Slime Fun Run



Monty's Colour&Slime Fun Run is coming on Friday 4th April!

Simply go to <u>www.myprofilepage.com.au</u> and click onto the register button to create a cybersafe, online profile page.

Raise \$10 to receive your first incentive prize, there are 15 unique prizes on offer!

You can even earn free bonus donations!

Elizabeth North Preschool Grandparent's Day

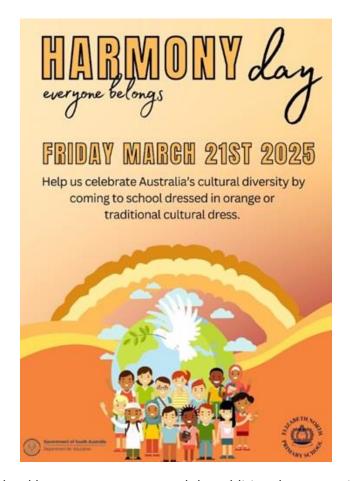


Elizabeth North Preschool

What a wonderful and busy start to the year we have had in the preschool! Many of the children have started to connect socially with peers and are developing some lovely friendships, this is always a delight to watch as they navigate the space together and work hard to develop conversational and problem solving skills through play. Your children work hard while at preschool and are presented with many experiences designed to pique their interest and challenge their thinking, we are already seeing some new skills emerging and an enthusiasm to try new things. This confidence is fantastic and lays a solid 'Effective Learner' foundation for future schooling and life long learning.



With many children currently turning 4 years old, and with midyear intake offers now being made, it is important that immunisations are kept up to date ands we are provided with the current Medicare immunisation statement.. Come and see Kylie if you are unsure about navigating the Medicare App or don't have the App and she can assist you. This is a legal prerequisite and can result in large fines if this is not adhered to, further information can be found here: <u>Early childhood services and immunisation requirements | SA Health</u>



Elizabeth North Preschool loves Harmony Day and the additional opportunity for everyone to feel included. To ensure Group 1 and Group 2 can both share in this wonderful event, Group 1 will celebrate on Tuesday 18th March, and Group 2 will align theirs with the rest of the school community on Friday the 21st March. Many families in the past have taken up the suggestion of cultural dress, others with their orange T-Shirts, some like to simply wear something orange (shorts, hair ribbon, or badge). Regardless of attire, being involved in the day and having conversations about inclusivity and how wonderful it is that we are all different is what's most important.



We have made midyear intake offers to those families who reside within our local catchment area and will be offering to those out of the area next week. If you have not yet thought about enrolling your child for midyear and they qualify for this intake period, please let our preschool leader Kylie Richards know as a matter of urgency as spaces are limited. If your child identifies as Aboriginal, they can commence with us as soon as they turn 3 years old, we would love to hear from you.





As a preschool team we have started looking at the Department for Education's strategy for public education and examining it to understand what that means for us in a preschool context and for your children as learners. Rather than try to pull the whole strategy apart we have identified Effective Learners as our area of impact to focus on, and the domain of metacognition and self-regulation. In short, this domain is about our children and their ability to not only name emotions, but to identify when they are experiencing those emotions, and then to know what to do with those emotions so they can manage themselves effectively within a variety of learning spaces and learning activities with a varying degree of difficulty. As you can imagine this is very complex learning for 3-5 year olds! We started the term with a visit to the Life Ed van and learned about 'big feelings' from Harold the Giraffe, and have spent time exploring faces and emotions through table top activities and group time with songs and short stories. We have been learning 'belly breathing' as a strategy to help us regulate our big feelings, this is tricker than it sounds as it requires quite a bit of muscular control. If you would like to learn and practice belly breathing with your child at home, the YouTube video can be found here: Mindfulness Activity - Belly Breathing. If you have strategies and/or tools that you use at home to help with the co-regulation and self-regulation of big emotions we would love to hear about them.

Wellbeing news



Personal Greatness Awards Congratulations to all the winners.

Berry Street Briefs

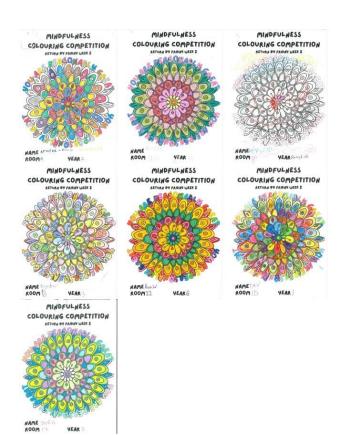


Mindfulness Colouring Competition

During Getting Ready for Greatness, students were invited to participate in our mindful colouring competition. Mindful colouring is a strategy that has been shown to help us regulate and calm down. It is a great way to relieve stress and research has shown it can help sleep and reduce feelings of depression and anxiety. This is due to the fact you are focusing on things in the present moment. By focusing on things such as colour choice or where the lines are, you can ignore the noise around you and focus on your movements and sensations.

At the week 4 Assembly we awarded the year level winners of the colouring competition with a certificate as well as a 3D fidget print! Congratulations to our winners:

- Peyton Reception
- Tav Year 1
- Annika-Rose Year 2
- Ryder Year 3
- Aishah Year 4
- Sofia Year 5
- Ava Year 6

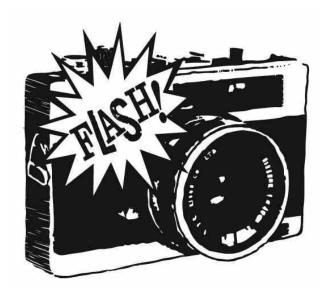


Student Parliament



During week 3 we were fortunate enough to hold our first Student Parliament. We welcomed the 2025 Members of Parliament and planned the agenda for the first class meeting which is around what we can improve about Elizabeth North Primary. Members of Parliament are an important part of our school structure, helping to plan events, looking for ways to improve the school, supporting other students and being role models of our school values and keys to success. We look forward to seeing what Parliament can achieve in 2025!

School photos



Catch up day is Monday 17th March!

Library news



Is your child taking up the Challenge in 2025?

If so, there are some things you should know to get you prepared;

- * Student reading records are available from your child's teacher, or from the school PRC contact person, who is usually someone in the school library (ask your child's teacher).
- The Challenge is to read 12 books in total.
 Reception to Year 6, 8 of these books are to be from the Challenge booklists, available on our website, and 4 of their own choice.
 Years 7 to 9, students read 4 books from the Challenge lists and 8 of their own choice.
 Years 10 to 12, students read 12 books of their own choice, and these can include prescribed texts and any other texts from their studies. can include prescribed texts and any other texts from their studies.
- * Please ensure they fill in their student reading record as they read their books, get them signed off as they go and please make sure your child hands it in to their teacher or the school contact person by:

Friday 5 September.

* Enjoy the Challenge!

Yours Sincerely,

Mark A. Williams Manager, Premier's Challenges www.prc.sa.edu.au

Department for Education GPO Box 1152, Adelaide SA 5001 Phone (08) 8226 2006 Mobile 0421 584 016 Courier R11/37A Email prc@sa.gov.au



Occasional care



Peaceful Parents

ANGLICARESA

Peaceful Parents

Four week workshop

This workshop aims to strengthen family life and equip parents with peaceful parenting strategies

Participants will learn the following to help themselves as a parent:

- · mindfulness strategies
- Influences actegies
 slowing life down and being more in flow
 enjoying parenting more and reducing stress
 resilience-building exercises and strategies
 mindful parenting strategies
 self care and wellbeing boosters
- positive psychology strategies to boost wellbeing



They will also learn how to better support their children, including:

- mindful listening and responding
 effective coping strategies
 managing children's feelings and worries
 problem-solving strategies



When

Wednesday 10am - 12pm 5 - 26 March 2025

Where

Elizabeth Grove Children's Centre 20 Haynes St, Elizabeth Grove

Registration
Call 1800 569 094 or
email familyservices@anglicaresa.com.au
to register your interest and
explore a referral

Together we change lives.





Term 1 calendar

ELANY SCHOOL		Te	rm 1	Cale	endar
DATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 27/1– 31/1	Public Holiday				
Week 2			Life Education Var	i I	
3/22 - 7/2					
Week 3 10/2 – 14/2	Coverning Council	Most and Creet Scavenger Hunt 3pm to 3:45 pm 11am Year 1/2 Rugby Cala			
Week 4 17/2 – 21/2					
Week 5 24//2 – 28/2					
Week 6 3/3 – 7/3					Year 8 Aquatics Sen to Spm
Week 7			NAPLAN TESTING		
10/3 –14/3	Public Holiday	School Photo Day	Maples Year 3 to 5	Mapleo Year 3 to 5	Manuary Year 3 to 5
	NAPLAN TESTING				
Week 8 17/3 – 21/3	Maples 3 to 5 ACM/Coverning Council	Manadam Year 3 to 5	Manajan, Year 3 to 5	Mandan Year 3 to 5	Mapley Year 3 to 5 Harmony Day
Week 9					D-10-0
24/3 – 28/3					Pupil Free Day
Week 10 31/3 – 4/4			Interviews		
Week 11 6/4-11/4					Last Day of Tores 2.00 Garly Discrimed
					2025

Finance update



School fees payments can be made via the Qkr app, eftpos or cash or via bank transfer (bank account details are on the bottom of our invoices and statements).

If you are still yet to apply for school card, please do so by heading to www.sa.gov.au

Finance Information

Attention parents and carers,

2025 Materials and Service charges have now been invoiced to all students. Please note the following information;

- All students have been issued a \$300 original invoice.
- All students will receive the \$200 government subsidy, therefore the balance will be \$100 per student
- All families will be issued with a statement showing that the subsidy has been applied

Please note: Students approved for School Card assistance are not eligible to receive this rebate, as they are already exempt from paying Materials and Service fees.

If you are yet to apply for your 2025 School Card.
please do so at www.sa.gov.au.

Payment options for your convenience;

- Download the free Qkr! app and pay by credit card
- Bank transfer (details on invoices)
- Eftpos or Cash at the front office

We also offer payment plans, please contact our office on 8255 2327.

https://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme



SCHOOL CARD

Applications for the 2025 school year are now open

To apply for school card, please do so by heading to www.sa.gov.au

2 - https://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme

Medication



If your child/ren needs to have medication at school it must be brought to Student Services and discussed with our staff. It is a Department for Education requirement that a Medication Agreement form is provided and must be completed by a GP or specialist. Staff are not able to administer medication unless this form is provided to us.

Medication must be provided with clearly labelled instructions, including the expiry date.

Asthma Care Plans must be provided for a child to receive Ventolin. Ventolin must be labelled with a label from the chemist and you must also provide a spacer labelled with your child's name.

Lost property



Our lost property box is continuously overflowing. Please ensure names are written on all jumpers and hats so they can be returned to students. Our lost property box is located in the library and is able to checked before school each day.

Community news







Languages Alive! is a program of engaging and interactive language and cultural experiences for R-6 students. Reception to Year 6 students

WHEN: April 2025

WHERE

School of Languages: Tues 15 & Wed 16 April Stirling East Primary School: Thurs 17 April

COST:

\$10 per day FREE for School card/Healthcare card holders

Delivered by highly proficient speakers of the relevant language, the program will run during the April school holidays in metropolitan and country locations.

Workshops will explore a range of languages including: Croatian, French, Indonesian, Italian, Japanese & Korean

Register online at: www.ticketebo.com.au/languagesalive







WHEN	WHERE	LANGUAGES OFFERED	
TUESDAY 15 APRIL 2024 9:30am (registration) 9:45am – 3:15pm	SCHOOL OF LANGUAGES	ITALIAN JAPANESE KOREAN	
WEDNESDAY 16 APRIL 2024 9:30am (registration) 9:45am – 3:15pm	255 Torrens Road WEST CROYDON SA 5008	CROATIAN FRENCH INDONESIAN	
THURSDAY 17 APRIL 2024 9:30am (registration) 9:45am – 3:15pm	STIRLING EAST PRIMARY SCHOOL 51 Braeside Road CRAFERS SA 5152	FRENCH ITALIAN JAPANESE	





ATTENTION PARENTS Enrolments open now

SPORTS VOUCHER APPROVED CLUB

Children can start at the age of 5 Classes in Modbury, Golden Grove, Greenwith, Salisbury and Munno Para

Sport - Fitness - Self Defence & Anti-Bullying

worldtaekwondo.com.au

Ph: 0412 909 500

info@worldtaekwondo.com.au



Saver Plus Information Sessions

We are running Information sessions for anyone thinking about joining the program and wants to learn more about how Saver Plus works.

Eligibility, income and participation criteria. To find out more head to https://www.thesmithfamily.com.au/.

To Register please use the QR Code or Zoom Link Below.



Click here to Register

saverplus.org.au 1300 610 355



Saver Plus was developed by ANZ and the Brotherhood of St. Laurence and is delivered in partnership with The Smith Family and Berry Street. It is funded by ANZ and Department of Social Services.



Achieve a savings goal for 10 months and ANZ will match it up to \$500. You need to:



☑ Be 18 years or older

Have a current Health Care Card or Pensioner Concession Card

✓ Have a child in school, starting school next year, or be studying yourself

✓ Get a regular income (can be you or your partner)

Agree to join in free online financial education workshops

saverplus saverplus.org.au 1300 610 355

Could Saver Plus help with your education costs? Google

Q Saver Plus YouTube

to see our quick explainer video and find out if you're eligible.

saver**plus**



Contact Us

ELIZABETH NORTH PRIMARY SCHOOL

141 WOODFORD ROAD

ELIZABETH NORTH SA 5113

8255 2327

DL.0825.INFO@SCHOOLS.SA.EDU.AU